# **DISC Personality Test**

Directions: In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines. Be sure each number is marked.

# Strengths

1	Animated	Adventurous	Analytical	Adaptable
2	Persistent	Playful	Persuasive	Peaceful
3	Submissive	Self-sacrificing	Sociable	Strong-willed
4	_Considerate	Controlled	Competitive	Convincing
5	Refreshing	Respectful	Reserved	Resourceful
6	_Satisfied	Sensitive	Self-reliant	Spirited
7	_Planner	Patient	Positive	Promoter
8	_Sure	Spontaneous	Scheduled	Shy
9	_Orderly	Obliging	Outspoken	Optimistic
10	Friendly	Faithful	Funny	Forceful
11	Daring	Delightful	Diplomatic	Detailed
12	Cheerful	Consistent	Cultured	Confident
13	_Idealistic	Independent	Inoffensive	Inspiring
14	Demonstrative	Decisive	Dry humor	Deep
15	Mediator	Musical	Mover	Mixes easily
16	_Thoughtful	Tenacious	Talker	Tolerant
17	_Listener	Loyal	Leader	Lively
18	Contented	Chief	Chartmaker	Cute
19	Perfectionist	Permissive	Productive	Popular
20	_Bouncy	Bold	Behaved	Balanced

### Weaknesses

21	Brassy	Bossy	Bashful	Blank
22	Undisciplined	Unsympathetic	Unenthusiastic	Unforgiving
23	Reluctant	Resentful	Resistant	Repetitious
24	Fussy	Fearful	Forgetful	Frank
25	Impatient	Insecure	Indecisive	Interrupts
26	Unpopular	Uninvolved	Unpredictable	Unaffectionate
27	Headstrong	Haphazard	Hard to please	Hesitant
28	Plain	Pessimistic	Proud	Permissive
29	Angered easily	Aimless	Argumentative	Alienated
30	Naïve	Negative attitude _	Nervy	Nonchalant
31	Worrier	Withdrawn	Workaholic	Wants credit
32	Too sensitive	Tactless	Timid	Talkative
33	Doubtful	Disorganized	Domineering	Depressed
34	Inconsistent	Introvert	Intolerant	Indifferent
35	Messy	Moody	Mumbles	Manipulative
36	Slow	Stubborn	Show-off	Skeptical
37	Loner	Lord over others	Lazy	Loud
38	Sluggish	Suspicious	Short-tempered	Scatterbrained
39	Revengeful	Restless	Reluctant	Rash
40	Compromising	Critical	Crafty	Changeable

Scoring Sheet

Now transfer all your Xs to the score sheet and add up your totals.

# Strengths

	D	1	S	C
1	Adventurous	Animated	Adaptable	Analytical
2	Persuasive	 Playful	 Peaceful	Persistent
3	Strong-willed	Sociable	Submissive	Self-sacrificing
4	Competitive	Convincing	Controlled	Considerate
5	Resourceful	Refreshing	Reserved	Respectful
6	Self-reliant	Spirited	Satisfied	Sensitive
7	Positive	Promoter	Patient	Planner
8	Sure	Spontaneous	Shy	Scheduled
9	Outspoken	Optimistic	Obliging	Orderly
10	Forceful	Funny	Friendly	Faithful
11	Daring	Delightful	Diplomatic	Detailed
12	Confident	Cheerful	Consistent	Cultured
13	Independent	Inspiring	Inoffensive	Idealistic
14	Decisive	Demonstrative	Dry humor	Deep
15	Mover	Mixes easily	Mediator	Musical
16	Tenacious	Talker	Tolerant	Thoughtful
17	Leader	Lively	Listener	Loyal
18	Chief	Cute	Contented	Chartmaker
19	Productive	Popular	Permissive	Perfectionist
20	Bold	Bouncy	Balanced	Behaved
21	Bossy Unsympathetic	Brassy Undisciplined	Biank _ Unenthusiastic	Basiliui Unforgiving
21	Bossy	Brassy	Blank	Bashful
23	Resistant	Repetitious	Reluctant	Resentful
24	Frank	Forgetful	Fearful	Fussy
25	Impatient	Interrupts	Indecisive	I ussy Insecure
26	Unaffectionate	Unpredictable	Uninvolved	Unpopular
27	Headstrong	Haphazard	Hesitant	Hard to please
28	Proud	Permissive	Plain	Pessimistic
29	Argumentative	Angered easily	Aimless	Alienated
30	Nervy	Naive	Nonchalant	Negative attitude
31	Workaholic	Wants credit	Worrier	Withdrawn
32	Tactless	Talkative	Timid	Too sensitive
33	 Domineering	 Disorganized	 Doubtful	Depressed
34	 Intolerant	Inconsistent	 Indifferent	 Introvert
35	 Manipulative	Messy	Mumbles	 Moody
36	 Stubborn	Show-off	Slow	 Skeptical
37	Lord over others	 Loud	 Lazy	 Loner
38	Short-tempered	 Scatterbrained	 Sluggish	Suspicious
39	 Rash	Restless	 Reluctant	 Revengeful
40	 Crafty	 Changeable	Compromising	Critical
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Scores